



collision

COLLISION TRAINING MANUAL:

ATTACK: PRAYER

Training Video

- [Click here to watch the video on Lesson 6](#) (ideally as a group)



Looking Back

(20-30 min)

- **Care (10 minutes)**
- Share a meal, snack, or refreshment while doing the following:
- Discuss “Highs and Lows” from the past week.
- Pray for anyone who needs prayer, and care for them after the DMM or throughout the week, if needed.
- Pray for the DMM time and for God’s Spirit to lead.
- Remind everyone, “I am facilitating this DMM now, but the goal is that each of you will eventually be doing this with your own DMM.”



Vision Casting

(5 min)

- **Vision Casting (5 minutes)**
- Vision: Review the vision of Collision:
“We desire to Glorify God by uniting and mobilizing the local church to help fulfill the great commission, so that every student has the opportunity to respond to the gospel of Jesus Christ.”
- Goal: One of the ways we do this is to form discipleship groups called Disciple Making Movements (DMMs). Our goal is that each of you begins and facilitates your own DMM, which is one of the ways that you can fulfill the Great Commission. Who can say Matthew 28:18-20 from memory (Great Commission verses)?
- Mission: We do all this through our mission, which is to **UNITE. EMPOWER. SERVE.**



Check-Up/Loving Accountability

(10 min)

- Split up into groups of 2-3 and go through the **Accountability Questions** (10 minutes)



LOOKING UP

(10-20 min)

- **Read and Discuss Scripture: Matthew 6:5-18**
- Pray and ask God to teach you this passage.
- Read & Restate: Have 1 student read the passage, have a 2nd student read the same passage in a different version, have a 3rd student restate what was said in the passage.
- Ask:
 - What is God's will concerning prayer?
 - What is God's will concerning fasting?
 - What does this mean for you and how will you obey what you've learned?



LOOKING FORWARD

(10-20 min)

- **Practice**

- Practice with a partner. Pray using the **BLESS Model**:

- **B**: Body/physical needs
- **L**: Labor/work/school/daily tasks
- **E**: Emotions – peace, joy, patience, etc.
- **S**: Social/relationships
- **S**: Spiritual – salvation, spiritual growth, etc.

**DMM FACILITATOR: If it would be helpful for students, take a picture of the BLESS Model and text it out or have students write it down before leaving the DMM.



Prayer Wheel

- **Prayer Wheel:** This is a tool you can use in your personal prayer time. Talk through each section as a group now (you'll do this as a DMM later during the Looking In portion).
 - **Praise** - Thank God for who He is and what He has done
 - **Waiting** - Silently listen to what God might speak to you
 - **Confession** - Admit sins or wrong thought patterns
 - **Read the Word** - Read and reflect
 - **Petition** - Ask for your own needs
 - **Intercession** - Ask for the needs of others
 - **Pray the Word** - Read scripture and pray what God reveals to you
 - **Thanksgiving** - Give thanks to God
 - **Singing** - Worship God
 - **Meditate** - Think about God and what He's teaching you
 - **Listen** - Silently listen again
 - **Praise** - Thank God for what He has revealed



TRAINING TIME

(10-20 min)

- At the front of the Training Manual is a page called “Key Disciple Making Movement (DMM) Principles,” which every DMM leader needs to know. Read through these sections from that page: **DMM Format and Student-Led...**

DMM Format

- There are 4 sections to each lesson: **Looking Back** (how was everyone’s week, accountability for last week’s goals, vision), **Looking Up** (study of scripture), **Looking Forward** (practicing what is being taught, DMM Training Time and Weekly Challenges), and **Looking In** (worship).

Student-Led

- Students are the drivers of the discussion while the **adults facilitate (support and guide) instead of preaching and teaching**. We are raising up student leaders who will eventually be able to facilitate their own DMMs and even begin their own groups wherever God leads them after high school!



Weekly Challenge

- Reach out to your 6 people and ask how you can pray for them. Use the BLESS Model.
- Use the Prayer Wheel during your personal prayer time this week.
- Continue using what you learned in Lesson 3 about SOAPS and reading the book of Mark throughout the week using the Genesis through Revelation reading plan. Have students text to the DMM throughout the week about what they are learning.

****DMM FACILITATOR**: text the weekly challenges out to the DMM as a reminder of what to do throughout the week. Check in through phone call or text throughout the week as students are reading the Word, praying, and having conversations.



LOOKING IN

(10-20 min)

- Pass out paper and pens. Find a quiet place, turn on your favorite worship playlist, and dim the lights.

Worship

- Practice the Prayer Wheel as a group. DMM FACILITATOR: Determine how much time you have remaining, and set a timer for 1-5 minutes. Each section on the prayer wheel will be prayed for that amount of time.
- Share with each other what you learned or how you saw God speak to you while praying the Prayer Wheel.

